



TAMARACK
RECOVERY CENTRE

GROWING TOGETHER SPRING GARDEN



This garden is dedicated to...



MY GRAMMA MARGARET

She helped me grow by showing me unconditional love and encouragement, taught me how to love and accept myself and know my worth, face my fears and challenge myself to reach goals. Her strength helped me to refrain from going back to drinking and helped me through very dark times while alive and after her passing.

DAWN

Thank you for believing in me.

MY SON JACEY

For always believing in me, long before I could see anything to believe in.
I love you!

JAMES AND REBECCA

Who showed me how loved I am, and for being my biggest supports.
I love you both so much!

ANDREW

For teaching me that bravery is humility

HOPE GROWS HERE



JAMES

Who is a wonderful son and we are very proud of his recovery journey and we are thankful every day for the wonderful family he has found at Tamarack Recovery and thank them for their support.

JIM

Who left us far too soon.

KARIN

My wonderful mother has been my rock and biggest advocate in my recovery journey. I am forever blessed to have such a caring mother to walk this journey with me. Love Amy

KOLE AND TERESA

Who continue their journey with grace and poise.

MY DAD

Who is dealing with some health issues and has always been an inspiration.

BERNARD

My pastor whose unwavering support and encouragement have been the driving force behind my life transformation.

EACH PARTICIPANT WHO HAS WALKED THROUGH THESE DOORS

Your courage inspires me every day.

CASSANDRA

Thank you for your support during this difficult time.

KELSEY

Who has been there for me and with me from the beginning of my recovery journey.

CK.

Who is rebuilding his life in sobriety after support from Tamarack staff.

HOPE GROWS HERE



DREY, WAYNE, XAVIER,
HELGA AND RON

For keeping me alive.

MY KIDS

Who inspire me to keep growing and learning.

LISA AND SHERRY

Who have always stood behind me and
encouraged me to keep going.

CONNIE

For saving my life.

BRIAN

Who teaches me compassion and hope through
his struggles and recovery.

MY BEAUTIFUL MOTHER

Who was always there no matter what. Who never gave up no
matter what. Who continues to love unconditionally. To the
strongest woman I know, I love you forever.

MY GIRL

For being an awesome friend.

CONNIE, COLLEEN
AND CHAR

Who encouraged me and have faith in me and who
remind me of my success.

DARIUS, LUCAS, LEXI, SAGE,
KASHTIN AND TRISHA

Who have been resilient and loving and
patient with me through my addiction.

AVIS

Who stayed the course and beat all odds.

MY MOTHER

Who shows me where to look when I lose sight of
all the beauty in life

HOPE GROWS HERE



LORNA, ROLAND,
DALE AND DEREK

Thank you.

JARED

Who lost his struggle with this disease

MEGAN

Who is my daughter in recovery.

CHERYL, BEE, MICAH AND LEAH

Who inspire greatness every day. With love.

TAMARACK REHAB

Thank you.

CAITLIN

The experience of working with you has impacted
me dearly.

TIRRELL, WES, VANESSA, JAY

For the courage you showed in your recovery.
See you on the other side.

LAURIE

My guardian angel, my mentor, my friend. Laurie taught me so many
things as well as to allow people to be good to me and love me. She
taught me how to love, be honest and believe I would never be alone.

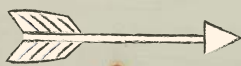
JESSICA

I am so grateful for the opportunity to watch
your transformation.

MY MOM, SHEILA

For never giving up on me and always being there.

HOPE GROWS HERE



MY BROTHER STEFAN

Who is the reason I work with Tamarack. I miss him and feel his love every day.

JO

Thank you for always supporting me no matter the situation.

BRAYDEN

My son in spirit. Forever two (August 19, 2019 - February 22, 2022). You are my guiding light.

MY AMAZING KIDS

Who have been my rock and reason to get better. I owe them to become the father I am now.

JULIE

Who has shown her family what strength and resilience can do in her life and ours.

ALICE

Who has never forgotten my sober birthday and has always been a support for me and many others in recovery.

SHERRY AND LISA

I'm so grateful for how I came to find you both and what led me to Tamarack. It's so special to me and hard to find the words to express or explain. I am full of gratitude to be part of the Tam fam!

ANDREW

Andrew was brave enough to take the first steps on his road to recovery, which inspired me to reflect on my own relationship with alcohol and begin my journey into recovery. Together we have been sober for 11 years, and words cannot express how thankful I am for that every day.

COLLEEN

Who has spent close to 50 years serving the mental health and recovery needs in our city, and continues to amaze people with her drive to this day.

HOPE GROWS HERE



DESIRE

For being the beautiful soul you were in your earthly time.

MY FRIEND LILI

For always pointing out strengths and abilities that I didn't even know I had. For all the hugs and helping hands given when I needed them, but couldn't ask for them. xo

GRANDMA LINDA

For being there for me

RUTH AND PERRY

My parents who both supported me through recovery, often without realising. I would not be here without them. I am forever grateful more than I can ever say.

JOYCE

Who is such a kind and thoughtful friend. Through bereavements and her own heart surgery and illness, she's always remained positive, interested and caring towards others.

JESSICA

Because she has been an inspiration to me in so many ways. Her resolve and resiliency are truly inspiring to both the newly recovering participant and to the staff with whom she works. She reminds us all of what's possible when we are determined to achieve a major goal.