



TAMARACK
RECOVERY CENTRE



2023

ANNUAL REPORT

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Mission To provide a safe, welcoming environment where individuals are supported in recovery to realize their full potential.

Vision Healthy people, free from addiction.

Values Our values are based on a dedication and commitment to:

Safety Creating a warm, welcoming environment where the safety and care of all is key.

Integrity Holding ourselves to the highest standards of personal and professional integrity, reflected in our ongoing commitment to ethical practice and serving as an example to all.

Respect Recognizing and valuing diversity, being responsive to personal recovery needs and treating all people as unique individuals deserving of the best care.

Excellence Using our knowledge and experience to deliver the highest-quality services and seek out opportunities to improve and excel.

Compassion Inspiring hope through our belief in the fundamental value of every human being, their resilience, and their ability to change.

Land Acknowledgement

Tamarack Recovery Centre is on Treaty 1 Territory, the traditional home of the Anishinaabe and homeland of the Métis Nation.

For thousands of years, Indigenous people, including the Cree, Dene, Assiniboine, Oji-Cree, and Dakota, have used “Where the Rivers Meet”—now known as The Forks in Winnipeg—to gather, trade, celebrate, coexist, and develop relationships with others.

It is in this spirit of cooperation and in recognition of this history, including harms caused by colonialism, that Tamarack endeavours to uphold the Truth and Reconciliation Commission’s Calls to Action as we seek to help people recover from drug and alcohol dependency.

ABOUT TAMARACK



TAMARACK RECOVERY CENTRE INC. is a nonprofit 12-bed co-ed recovery treatment centre providing residential, abstinence-based addiction treatment and recovery services in Winnipeg. Since incorporating in 1975, Tamarack has provided thousands of Manitobans with flexible, participant-driven, community-based treatment and support. Tamarack also operates The Branch, a sober living facility on the same street for program graduates looking to extend their recovery in safe, affordable shared housing. Tamarack is accredited by Imagine Canada and Accreditation Canada with Exemplary Standing by Accreditation Canada.



Why Tamarack

SAFE, INCLUSIVE ENVIRONMENT: We commit to creating a safe space for everyone. We want all participants, visitors, and staff to feel welcome here, no matter their religious beliefs, culture, race, gender, or sexual orientation. We value compassion and respect, and strive to create a family-like atmosphere where everyone feels accepted, supported, and free to express who they are.

MORE TIME, GREATER ACCESS: We offer a 60- to 78-day residential treatment program for individuals wishing to achieve sobriety from substance addictions, such as alcohol and drugs, as well as behavioural addictions such as gambling. Our unique longer-term program provides support for participants to begin healing from trauma, while building recovery and living skills using evidence-based approaches to treatment. We offer a low-cost fee structure and a Participant Subsidy Fund buoyed by philanthropy to ensure no one is turned away for lack of funds.

SEAMLESS POST-TREATMENT SUPPORT:

All treatment graduates have access to free, unlimited aftercare support through a dedicated program that focuses on lifestyle management to support long-term recovery—a unique offering that sets Tamarack apart from other programs without post-treatment services. Tamarack’s new transitional housing program, The Branch, expands these supports with a next-step option for graduates who wish to develop greater independence and grow in recovery while continuing to live in safe, supervised sober housing.

DEMONSTRATED IMPACT: Tamarack’s services are life-changing—and potentially life-saving—for Manitobans experiencing addictions. Many of our participants sustain long-term recovery from their addiction and go on to become strong contributing members of society: since 2013, the Centre has an average completion rate of 83%, far exceeding the industry average of 44% for long-term residential addictions treatment, and graduates of Tamarack report post-treatment sobriety rates well above national norms.





54

Board Members

Chairman

Philip Grandmont

Vice-Chair

David Roberts to May 2022

Tobia Neufeld from May 2022

Secretary

Ken Deptuck

Treasurer

Bruce Carney

Member

Brian Paterson to February 2022

Veronica Gagnon to June 2022

Trudy Lavallee to October 2022

Mintie Grienke

Vanessa Cook

Emilie Cook from May 2022

River Johnson from May 2022

Executive Director (ex-officio)

Lisa Cowan

Staff

Executive Director

Lisa Cowan

Clinical and Transition Supervisor

Joanne Riedle

Operations Manager

Sherry Gable

Addictions Counsellors

Janel Whincup

Tabitha Comeau

Darroll Kovalsky

Intake and In-house Care Worker Coordinator

Dawn Kirkpatrick

Aftercare Counsellor and Case Manager

Felisha Mitchell

Emma Peck

Charmaine Yurechuk

Daytime In-House Care Worker

Karen Gutwein

In-House Care Workers

Maya Ackerman-Stratton

Angela Anderson Johnson

Colleen Gault

Meagan Jonker

Bill Kroeber

Chelsea Liew

Ruby Nagy-Wowchuk

Jacey Riedle

Chrissy Skelding

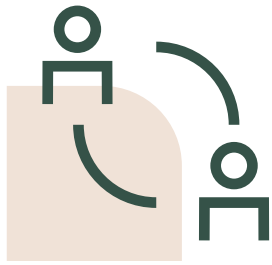
Nancy Trafton

Keegan Vergara

Beverly Welsh

Jasmine Yakabowich





Our Participants



Tamarack works with participants aged 18+ who identify as having an addiction to one or more substances. Among our 2022–23 participants:

50%

identified as women, who have demonstrated greater need for financial assistance for their treatment than male participants

30%

identified as Indigenous

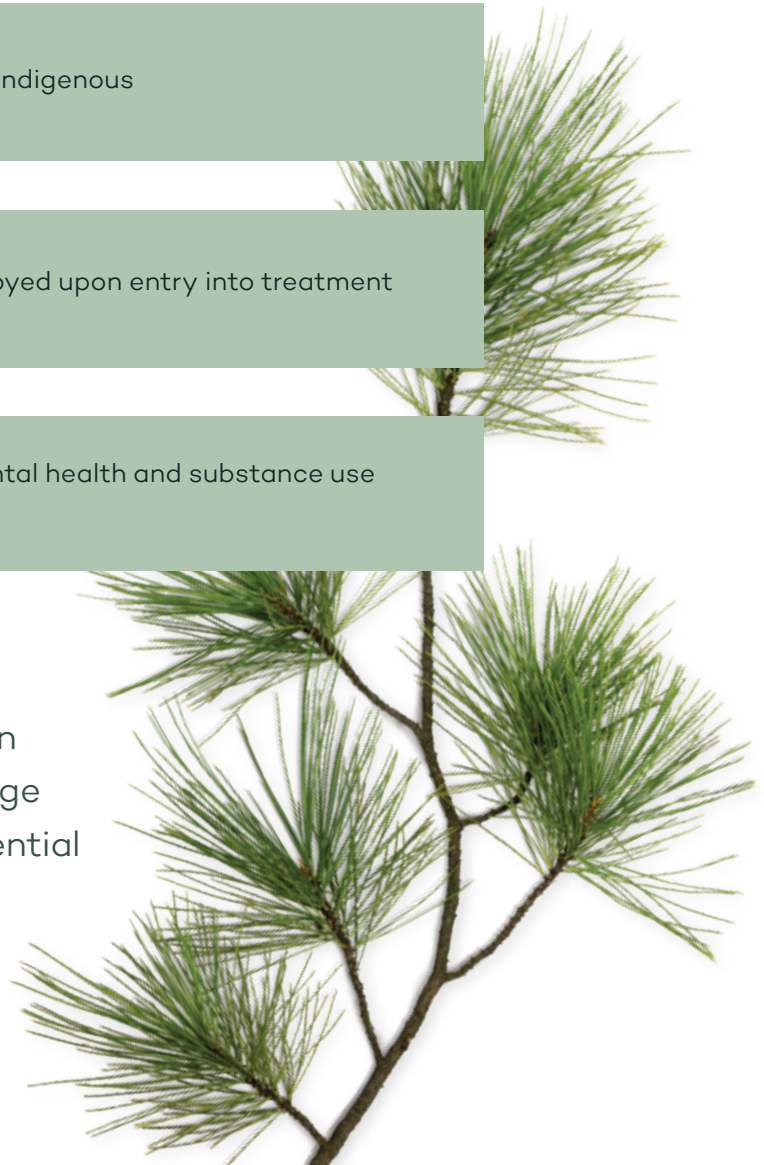
77%

were unemployed upon entry into treatment

42%

had both mental health and substance use diagnoses

Our participant **completion rate for 2022–23** was **70%**, slightly lower than recent years, yet well-above an average of 44% among other long-term residential addictions treatment programs.





PARTICIPANT PRIMARY ADDICTION REPORTED

- Alcohol 39%**
- Crack/Cocaine 24%**
- Methamphetamines 25%**
- Cannabis 7%**
- Opiates 4%**
- Benzodiazepines 1%**



Tamarack's Valued Services

FOR THE 10TH YEAR IN A ROW

100%

OF PARTICIPANTS

WOULD RECOMMEND THIS PROGRAM TO OTHERS.

“It has been life changing for all the right reasons and I hope to be able to advocate for the program in the future.”

Data and participant feedback shows the life-changing impact of comprehensive, trauma-informed care for Manitobans experiencing addiction. We know from follow-up surveys with our graduates that they achieve above-average sobriety rates and maintain a high (self-rated) quality of life. In five annual text surveys, of the participants who responded, 92% were sober on the days the surveys were taken and 52% were sober since completing treatment (ranging from three months to more than ten years). Our two-year follow-up surveys show that 90% of respondents report that they are healthier; feel like they can achieve new goals and have a sense of hope for the future.

While the interplay of many treatment factors that help to increase likelihood of sobriety is complex and multi-faceted, we highlight (over) a selection of program components which we believe have a positive impact on Tamarack's participants well-being and recovery, namely safety and comfort, support and care, recovery planning, aftercare and supportive recovery housing.

SAFETY AND COMFORT

When participants feel safe and supported they are more likely to undertake and remain committed to the challenging work of recovery. Working to create a safe and welcoming space is one of Tamarack's key values.

81.5% of applicants reported that they chose Tamarack because "it was recommended by someone I trust."

"All the staff made me feel welcome, even coming back for the third time they treated me as if it was my first – with open arms."

96% very satisfied with the safety of the facility

"I was never worried coming in here that people would be high or drunk. This place is so safe – no drama and no violence."

"I believe from my time here that the safety of the clients is a top priority."

"The house felt very safe from the time I got here till the time I left. I never felt at any time like I was in an unsafe environment."

100% were satisfied or very satisfied with quality of meals and facility.

"The menu was always healthy and delicious. The facility is peaceful, warm and homey."

"Exceeded expectations. The facilities are A+ and all of the meals were healthy and had good variety."

SUPPORT AND CARE

Our high-calibre services would not exist without the contributions of an experienced, dedicated, and compassionate staff. We are proud that 80% of Tamarack's employees are actively involved in the recovery community and understand what it means to work through overcoming addictions and mental health hardships. This level of compassion and knowledge makes our program stronger and more impactful.

86% participants very satisfied with Counselling Services:

"Having taken a leap of faith in diving into a trusting relationship, I was pleasantly surprised how successful my counselling sessions were."

"I had the best experience with all the counsellors; just what I needed at that time in my life."

"I have nothing but positive things to say about the counsellors at Tamarack. All were very knowledgeable, had program lessons well thought out and presented and always kept compassion and empathy paramount."

100% participants satisfied or very satisfied with in-house care workers and afterhours care:

"I feel comfortable and able to talk freely – my personality was accepted".

"Wonderful staff – warm and friendly but also very professional. They have a respectful way of connecting with the clients."

"Awesome, awesome, awesome! Great staff – always lending an ear or an opinion if asked. Very fair in regards to house rules. Very prompt in addressing any concerns raised."

RECOVERY PLANNING

The creation of relevant, useable and effective recovery plans is an important component of Tamarack's program. Recovery planning begins in the first days of treatment and continues throughout as recovery-oriented workbooks pull together themes from Tamarack's workshops and therapy groups along with self-reflective questions and homework. Such work is specifically targeted to help participants formulate a realistic, goal-oriented, individualized and workable recovery plan to take into life after graduation. This plan is referenced by the clinical team when they work with the graduate through the aftercare program, adjusting it as the participant's life circumstances change and as they progress in their recovery journey. Participants provided overwhelmingly positive feedback about recovery plans in this year's exit survey:

96% said it was helpful or extremely helpful to complete the recovery plan workbooks and create a recovery plan with their counsellor.

"I feel the recovery plan helped so much to understand how I needed to work on myself deep down to fully get the recovery I so needed."

92% believe that Tamarack Recovery Plans will be helpful or extremely helpful in helping them stay sober and maintain recovery.

"A great way to create a personalized recovery plan for when I leave Tamarack."

"I plan on reviewing it, highlighting it and posting sticky notes around the house for gentle reminders".

UNLIMITED AFTERCARE

We know that the longer participants stay sober, the more likely they are able to return to work, be with their families, and live well. When progress has the opportunity to build, the likelihood of relapse is greatly reduced. Tamarack's unique aftercare program is designed to support graduates in their long-term recovery through ongoing counselling, recovery support and peer-focused aftercare groups. Our program is unique in Manitoba. No other residential addiction treatment centres in the province offer no-cost, unlimited post-treatment care—meeting a critical need in the continuum of care for addictions treatment and recovery for our citizens.

As part of the Aftercare Survey in 2022-23, graduates were asked to select as many of the elements that they liked about Tamarack's Aftercare program. The most frequently selected aspects were:

- The other participants and the group dynamic **(92%)**
- Other staff who I see when I come to visit **(92%)**
- The different opportunities to stay connected through service offerings such as: individual counselling, aftercare group, and the mentor program **(83%)**
- Being able to call or drop in anytime **(83%)**

This year we were thrilled to be able to provide more than 758 hours of aftercare services, an increase of 50% from the year before!

SUPPORTIVE RECOVERY HOUSING

Aware that over 30% of Tamarack’s participants need post-treatment housing support that meets their needs for ongoing safe and sober environments, Tamarack opened “The Branch” in August of 2021. The Branch is a supportive recovery home for graduates, providing a safe transition to independent living and benefitting from the ongoing therapy and accountability of Tamarack’s primary program. Named in a collaborative effort with Tamarack participants, graduates, staff, and supporters, The Branch offers, in addition to housing, a continuation of the wraparound support that is so valuable to participants early in their recovery.

Located on the same street as Tamarack’s residential program The Branch has easy access to major bus routes and community services and, just like Tamarack, embodies the look and feel of a family home. A communal kitchen, dining room, and living spaces are designed to foster comfort and community building amongst residents. The Branch houses up to 10 residents at a time, with a mix of private and semi-private bedrooms.



The warm, welcoming environment feels like a bustling family home, with residents studying, cooking, relaxing in the living room, or chatting with staff in the office.

From August 2021 through March 2023, The Branch welcomed 20 residents, 13 of whom identified as male and seven identified as female. Of those residents 10 were involved in full- or part-time work; two were in full-time education and eight were involved in volunteering for community organizations. The average length of stay was four months, with over 30% of residents staying six months or longer.

The Branch program follows a three-phase process which guides expectations, accountability and goals, and evolves with participants’ progress and needs.





Resources for all residents include 1:1 counselling with their Tamarack Counsellor; individual weekly check-in and case management sessions; onsite Aftercare Group; onsite AA meetings; after-hours support and access to program workshops as desired or recommended. Just like at Tamarack, The Branch provides all graduates the opportunity to share feedback for about their experience. Exit surveys (capturing our first full year of resident feedback) from April 2022 to March 2023 show encouraging results.

100% of Branch graduates were very satisfied with weekly individual check-in meeting

“Meetings were tailored to the resident and facilitated autonomy in the resident’s own recovery.”

83% of Branch graduates were very satisfied with counselling, aftercare and after-hours supports at The Branch

“The Branch helped me work on myself, emotionally, mentally, (and) spiritually while also helping me to include work on life areas like daily living and school.”

“The Branch was a crucial part of my recovery journey. In my time at the transitional home I had the opportunity to re-establish a healthy and solid foundation.”

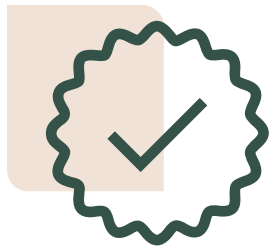
83% very satisfied with the safety of The Branch

“The house is very safe and comfortable. All house situations are addressed by staff in a timely and safe manner.”

100% of respondents said they would recommend The Branch to others.

“I’m grateful I was accepted as a resident at The Branch. It has played a big role in my recovery.”

We are grateful to the Moffat Family Fund at the Winnipeg Foundation for its pivotal investment in the acquisition, renovation and ongoing operations of The Branch facility, and to the Manitoba Government’s Shared Health and Housing branches for supporting The Branch’s launch and operations.



Program Quality and Accountability



Tamarack achieved the highest level of accreditation (Exemplary Standing) from Accreditation Canada for our program and service delivery in 2014 and 2018. In October 2022, we worked with Accreditation Canada on our latest certification renewal process.

Accreditation Canada's Qmentum Program is an ongoing program of quality improvement, assessment and evaluation. This certification program emphasizes the highest standards in health systems performance, risk prevention planning, participant safety, leadership and governance. To achieve and maintain accreditation, organizations must meet or exceed national standards for policies, procedures and the continual evaluation and improvement of services. The process involves self-assessment and data submission undertaken by the agency, an onsite survey conducted by Accreditation Canada and subsequent ongoing support and education. Such a process encourages the development of a sustainable culture of positive change which benefits participants, staff, stakeholders and the wider community.

The on-site survey was undertaken by two Accreditation Canada surveyors and an Accreditation Canada mentor at Tamarack Recovery Centre's residential treatment location at 60 Balmoral Street and our

neighbouring transitional housing facility, The Branch, at 54 Balmoral Street. Work towards this visit had been ongoing within the agency since the last survey in 2018, including the significant revision of policies and procedures, the engagement of the Board of Directors to develop standards regarding governance, and the development of more thorough assessment tools and systems for evaluating program quality. Funding towards the on-site visit was provided through an Organization Development Grant from The Winnipeg Foundation.

The on-site survey was a great success. Tamarack was again awarded Accreditation with Exemplary Standing and met 100% of all 398 standards — a momentous achievement for an agency of our kind. This renewal of our status as an accredited agency exemplifies the highest commitment to quality care and improvement in the health services field. Access the Executive Report from the Accreditation Canada site survey [here](#).



Subsidy Fund Facilitates Access to Treatment

In 2020, with donations from our supporters and a multi-year funding commitment from The Moffat Family Fund at The Winnipeg Foundation, Tamarack was able to establish a Participant Subsidy Fund to help facilitate access to treatment spaces for individuals who may not otherwise be able to afford addictions treatment. The impact of COVID reduced intakes in 2020-21 and subsequent use of the fund, however demand for treatment increased in 2022-23 and this vital fund has enabled many individuals to receive life-changing support.

From April 2022 to end March 2023, twenty-four individual participants have been supported through the Participant Subsidy Fund, either through paying the full fees for their treatment or augmenting the funding they were able to provide. Many of those individuals supported were experiencing hardship due to lost employment from COVID as well as pressure to support their families financially and emotionally while still receiving treatment. The fund afforded those individuals the opportunity to access transformational treatment without having to compromise the well-being of the individuals who need them to be well again. Having the level of flexibility to provide the funded places in full or in part has

empowered our participants to determine what they can contribute to their treatment, if anything, and to feel confident asking for and receiving support.

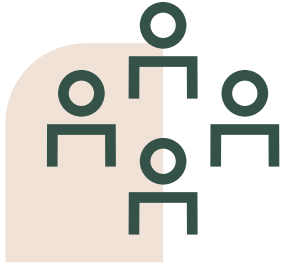
With the incredible support from The Moffat Family Fund and the generous donations from our community members, we are accomplishing so much in our work to serve people experiencing addiction in Winnipeg. Below are excerpts from letters written by two of the individuals who would have struggled to access Tamarack's treatment program had it not been for the financial support that our donors provided through the Participant Subsidy Fund.





“Tamarack Recovery Centre completely changed my life. I learned why I behaved the way I did... My rehabilitation stay at Tamarack was only two months but thankfully the Branch was an option for me. It was and continues to be exactly what I need to create a fresh start for myself and my family. The Branch is just the right amount of accountability, freedom, support and comfort that I have needed to be successful at recovery. I’m currently just past my probation period at my new job. I’ve found a career that I love and that came from a speaker visiting The Branch and telling his story. I have everything that I need to succeed. I am a very grateful recovering alcoholic but more importantly father, co-worker and healthy person. I will always continue to grow and learn thanks to the tools and attitudes that I’ve learnt while at Tamarack and The Branch!”

“Because of your funding I was able to attend Tamarack and I successfully completed the program in September. I went in there broken, ready to give up on myself and now I love myself and life again. I took everything I learned in the program and apply it to my life everyday. My boys had such an amazing summer because I was healthy enough to give that to them. I will never forget what the funding did for my family, it made it possible to change my life! I’m forever grateful.”



Strengthening Our Team



Tamarack retains a dedicated staff team with over 80 years combined service in the agency. Our team’s deep and varied expertise spans addictions treatment, Indigenous-informed treatments, non-profit human resources and operations, finance and legal, construction and project management, fund development, and marketing. We are also committed to ensuring that we are governed by leaders that represent the communities we serve. The majority of our Board of Directors have lived experience with addictions and one member is a Tamarack graduate. Across our staff and board, we strive to ensure that the communities we serve, including Indigenous peoples, women, people with disabilities, and LGBTQ2S+ are meaningfully represented.

While this year’s staff survey showed that 100% of staff are proud to work for Tamarack, feel safe on the job and feel valued (“*I feel seen and cared for and respected here*”), only 60% of staff say they are somewhat satisfied or completely satisfied with wages. Given recent post-COVID challenges in hiring and retaining staff and the impact of the economy on cost of living, Tamarack is determined to attain

wage parity across in-house care worker and counselling positions with other organizations doing similar work. This will ensure that all staff are compensated fairly and don’t have to choose between a supportive, positive work culture at Tamarack and a fair market-value wage elsewhere.

“I’ve had many jobs in various fields of work and this is the first place where it didn’t feel like I was on a lesser level than anyone else because of my experience or because I was new. I feel valued and respected here and that means a lot.”

—STAFF MEMBER



During our strategic planning meeting in early March 2022, our Board of Directors identified this step as an essential goal for the 2022-23 year. To that end Tamarack actively engaged with our government partners to explore funding increases to our annual service purchase agreements and pursued additional funding and granting opportunities with other community partners. These efforts yielded positive funding commitments which will enable Tamarack to make a significant move

closer to our goal of wage parity. As we enter 2023-24 wage parity will continue to serve as part of our long-range strategy to attract and retain staff and to maintain the strength of a non-profit agency with a nearly 50-year history serving people experiencing addictions in Winnipeg. This goal has never been more important to the future impact that Tamarack seeks to make for Winnipeggers experiencing addictions.





Our Supporters

We are grateful to the individuals, foundations and governmental agencies who have funded our work. Your partnership brings higher standards of care to people navigating addiction recovery. It also demonstrates your belief and trust in Tamarack's work, our team, and most of all, our participants. Together, we are providing the supports that allow people in recovery to see and realize their potential.

OUR FOUNDATION AND GOVERNMENT SUPPORTERS INCLUDE:

Province of Manitoba

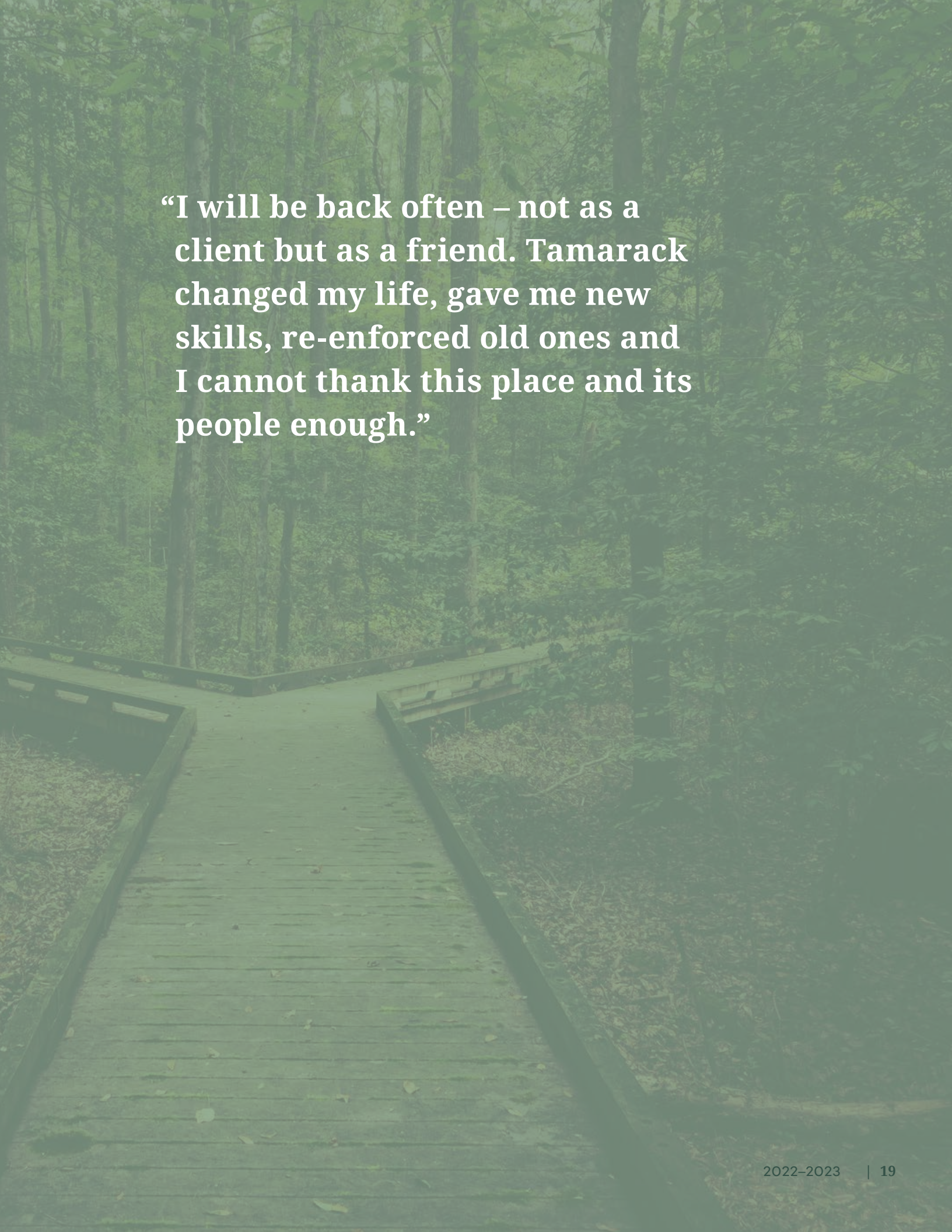
The Winnipeg Foundation

The Moffat Family Fund at
The Winnipeg Foundation

The Winnipeg Foundation –
Youth in Philanthropy

The Bruce Oake Memorial
Foundation





“I will be back often – not as a client but as a friend. Tamarack changed my life, gave me new skills, re-enforced old ones and I cannot thank this place and its people enough.”



TAMARACK REHAB INC.TIA TAMARACK RECOVERY CENTRE

Financial Statements

YEAR ENDED MARCH 31, 2023

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE
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Year Ended March 31, 2023

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INDEPENDENT AUDITOR'S REPORT

To the Members of TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Opinion

We have audited the financial statements of TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE (the organization), which comprise the statement of financial position as at March 31, 2023, and the statements of revenues and expenses, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the organization as at March 31, 2023, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the organization in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the organization's financial reporting process.

(continues)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, MB
May 25, 2023




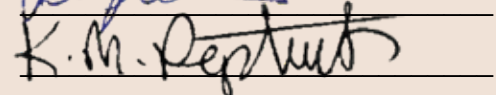
CHARTERED PROFESSIONAL ACCOUNTANTS

TAMARACK REHAB INC./T/A TAMARACK RECOVERY CENTRE
Statement of Financial Position
March 31, 2023

	2023	2022
ASSETS		
CURRENT		
Cash	\$ 411,253	\$ 363,644
Accounts receivable	212,489	44,096
Goods and services tax recoverable	3,021	9,235
Prepaid expenses	5,055	1,739
	<u>631,818</u>	418,714
CAPITAL ASSETS (Note 3)	<u>1,109,577</u>	1,154,469
	<u>\$ 1,741,395</u>	<u>\$ 1,573,183</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 17,207	\$ 10,751
Current portion of long term debt (Note 4)	18,000	18,000
Wages payable	71,808	63,566
Deferred income	328,617	144,303
	<u>435,632</u>	236,620
LONG TERM DEBT (Note 4)	<u>286,588</u>	293,870
DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS	<u>524,560</u>	546,417
	<u>1,246,780</u>	1,076,907
NET ASSETS	<u>494,615</u>	496,276
	<u>\$ 1,741,395</u>	<u>\$ 1,573,183</u>

ON BEHALF OF THE BOARD


 _____ Director


 _____ Director

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE
Statement of Revenues and Expenses
Year Ended March 31, 2023

	Budget 2023	Total 2023	Total 2022
REVENUES			
Manitoba Health	\$ 328,100	\$ 328,100	\$ 328,100
Federal Government	98,500	76,740	80,123
Manitoba Housing and Renewal Corp. - Rent subsidy	-	13,110	-
Winnipeg Regional Health (Housing)	99,960	99,960	-
Self Referrals	81,600	63,156	78,033
Third party funded treatment	60,000	39,925	62,650
Client subsidy fund	234,280	227,433	121,945
Other Grants	148,848	212,340	353,794
Fundraising and donations	25,000	18,123	18,767
Other Income	600	831	624
Deferred contributions related to capital assets	-	21,857	17,750
Grocery contribution	12,600	11,327	5,285
	<u>1,089,488</u>	<u>1,112,902</u>	<u>1,067,071</u>
EXPENSES			
Advertising and promotion	11,400	4,535	4,073
Amortization	-	44,891	41,814
Delivery, freight and express	50	132	50
Employee benefits	45,707	49,961	46,364
Equipment and Furniture	21,300	17,785	63,494
Food	97,500	64,307	56,077
House Effects	6,000	3,441	3,504
Insurance	20,872	22,418	19,215
Interest and bank charges	2,750	2,390	2,471
Interest on long term debt	11,000	10,717	11,002
Janitorial Supplies	14,000	9,850	11,199
Miscellaneous	1,600	1,419	2,756
Office	15,720	13,689	14,978
Professional Fees - Program	18,000	19,500	1,976
Professional fees	5,800	6,597	10,226
Property taxes	8,280	8,932	8,173
Repairs and maintenance	41,000	47,324	9,797
Research and grant expense	-	2,776	-
Salaries and wages	771,563	743,695	677,527
Staff Development	6,500	2,765	3,831
Supplies	15,250	7,947	10,324
Telephone	5,875	5,561	6,250
Travel	680	171	210
Utilities	29,000	23,760	22,820
	<u>1,149,847</u>	<u>1,114,563</u>	<u>1,028,131</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	<u>\$ (60,359)</u>	<u>\$ (1,661)</u>	<u>\$ 38,940</u>

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE
Statement of Changes in Net Assets
Year Ended March 31, 2023

	Unrestricted Net Asseets	Invested in Captial Assets	2023	2022
NET ASSETS - BEGINNING OF YEAR	\$ 160,094	\$ 336,182	\$ 496,276	\$ 457,336
Deficiency of revenues over expenses	21,373	(23,034)	(1,661)	38,940
Principal reduction of mortgage	(7,282)	7,282	-	-
NET ASSETS - END OF YEAR	\$ 174,185	\$ 320,430	\$ 494,615	\$ 496,276

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

**Statement of Cash Flows
Year Ended March 31, 2023**

	2023	2022
OPERATING ACTIVITIES		
Excess (deficiency) of revenues over expenses	\$ (1,661)	\$ 38,940
Item not affecting cash:		
Amortization of capital assets	44,891	41,814
	<u>43,230</u>	<u>80,754</u>
Changes in non-cash working capital:		
Accounts receivable	(168,393)	(30,283)
Accounts payable	6,457	2,811
Deferred income	184,314	(324,449)
Prepaid expenses	(3,316)	(184)
Goods and services tax payable	6,214	(2,277)
Wages payable	8,242	11,015
	<u>33,518</u>	<u>(343,367)</u>
Cash flow from (used by) operating activities	<u>76,748</u>	<u>(262,613)</u>
INVESTING ACTIVITY		
Purchase of capital assets	-	(240,856)
Cash flow from (used by) investing activity	<u>-</u>	<u>(240,856)</u>
FINANCING ACTIVITIES		
Repayment of long term debt	(7,282)	(6,998)
Deferred contributions related to capital assets	(21,857)	223,107
Cash flow from (used by) financing activities	<u>(29,139)</u>	<u>216,109</u>
INCREASE (DECREASE) IN CASH FLOW	47,609	(287,360)
Cash - beginning of year	<u>363,644</u>	<u>651,004</u>
CASH - END OF YEAR	\$ 411,253	\$ 363,644

See notes to financial statements

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Notes to Financial Statements

Year Ended March 31, 2023

1. DESCRIPTION OF OPERATIONS

Tamarack Recovery Centre operates two residential treatment facilities for individuals with chemical and alcohol dependencies and other drug abuse problems, which facilitates independent living and lifestyle change. Tamarack Recovery Centre is incorporated under the Manitoba Corporations Act as a non-profit organization and is a registered charity under the Income Tax Act (Canada).

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFPO). Canadian accounting standards for not-for-profit organizations are part of Canadian GAAP.

Revenue recognition

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE follows the deferral method of accounting for contributions.

Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Endowment contributions are recognized as direct increases in net assets.

Restricted investment income is recognized as revenue in the year in which the related expenses are incurred. Unrestricted investment income is recognized as revenue when earned.

Seminar fees are recognized as revenue when the seminars are held.

Capital assets

Tangible capital assets are stated at cost less accumulated amortization. Tangible capital assets are amortized over their estimated useful lives at the following rates and methods:

Buildings	4%	declining balance method
Computer equipment	33%	declining balance method
Computer software	50%	declining balance method
Other machinery and equipment	20%	declining balance method
Furniture and fixtures	10%	declining balance method
Appliances	10%	declining balance method

TAMARACK REHAB INC. T/A TAMARACK RECOVERY CENTRE

Notes to Financial Statements

Year Ended March 31, 2023

3. CAPITAL ASSETS

	Cost	Accumulated amortization	2023 Net book value	2022 Net book value
Land	\$ 42,836	\$ -	\$ 42,836	\$ 42,836
Buildings	1,263,003	206,403	1,056,600	1,100,625
Equipment	53,738	46,108	7,630	8,154
Computer equipment	31,660	31,496	164	246
Computer software	1,957	1,957	-	-
Appliances	21,109	18,762	2,347	2,608
	\$ 1,414,303	\$ 304,726	\$ 1,109,577	\$ 1,154,469

4. LONG TERM DEBT

	2023	2022
Belgian-Alliance Credit Union loan bearing interest at 3.99% per annum. The loan was secured by building at 54 Balmoral Street.	\$ 264,588	\$ 271,870
Belgian Alliance Credit Union loan bearing interest at 0% per annum, secured by CEBA Loan..	40,000	40,000
	304,588	311,870
Amounts payable within one year	(18,000)	(18,000)
	\$ 286,588	\$ 293,870

5. ECONOMIC DEPENDENCE

The operations of Tamarack Rehab Inc. T/A Tamarack Recovery Centre are economically dependent on the ongoing financial support of Manitoba Health, contracts and per diems.

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

**Tamarack(60 Balmoral)
(Schedule 1)**

Year Ended March 31, 2023

	2023	2022
REVENUES		
Manitoba Health	\$ 328,100	\$ 328,100
Federal Government	76,740	80,123
Self Referrals	42,550	64,400
Third party funded treatment	39,925	62,650
Client subsidy fund	216,134	118,687
Other Grants	19,107	149,624
Fundraising and donations	18,123	13,317
Other Income	831	624
	741,510	817,525
EXPENSES		
Advertising and promotion	4,535	4,073
Amortization	8,593	9,021
Delivery, freight and express	132	50
Employee benefits	37,635	47,720
Equipment and Furniture	13,197	33,347
Food	39,811	41,526
House Effects	1,852	1,233
Insurance	11,403	10,150
Interest and bank charges	2,245	2,310
Janitorial Supplies	5,204	7,360
Miscellaneous	1,404	2,634
Office	10,517	11,192
Professional Fees - Program	16,425	900
Professional fees	4,300	6,524
Property taxes	4,008	3,584
Repairs and maintenance	15,170	6,217
Research and grant expense	2,776	-
Salaries and wages	521,054	534,118
Staff Development	2,765	3,729
Supplies	4,842	7,782
Telephone	3,687	4,595
Travel	147	164
Utilities	12,437	12,928
	724,139	751,157
EXCESS OF REVENUES OVER EXPENSES	\$ 17,371	\$ 66,368

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

**The Branch(54 Balmoral)
(Schedule 2)**

Year Ended March 31, 2023

	2023	2022
REVENUES		
Winnipeg Regional Health (Housing)	\$ 99,960	\$ -
Manitoba Housing and Renewal Corp. - Rent subsidy	13,110	-
Self Referrals	20,606	13,633
Grocery contribution	11,327	5,285
Client subsidy fund	11,299	3,258
Other Grants	193,232	204,170
Fundraising and donations	-	5,450
Deferred contributions related to capital assets	21,857	17,750
	371,391	249,546
EXPENSES		
Amortization	36,299	32,793
Employee benefits	12,326	(1,356)
Equipment and Furniture	4,588	30,147
Food	24,496	14,551
House Effects	1,589	2,271
Insurance	11,015	9,065
Interest and bank charges	146	160
Interest on long term debt	10,717	11,002
Janitorial Supplies	4,646	3,839
Miscellaneous	15	121
Office	3,172	3,786
Professional Fees - Program	3,075	1,076
Professional fees	2,297	3,702
Property taxes	4,923	4,590
Repairs and maintenance	32,154	3,579
Salaries and wages	222,641	143,409
Staff Development	-	102
Supplies	3,105	2,542
Telephone	1,874	1,656
Travel	24	45
Utilities	11,323	9,892
	390,425	276,972
DEFICIENCY OF REVENUES OVER EXPENSES	\$ (19,034)	\$ (27,426)



TAMARACK
RECOVERY CENTRE

TamarackRehab.org