



# 2019 2020

**Annual  
Report**



**TAMARACK**  
RECOVERY CENTRE

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# Mission

To provide a safe, welcoming environment where individuals are supported in recovery to realize their full potential.

# Vision

Healthy people, free from addiction.

# Values

Our values are based on a dedication and commitment to:

## Safety

Creating a warm, welcoming environment where the safety and care of all is key.

## Integrity

Holding ourselves to the highest standards of personal and professional integrity, reflected in our ongoing commitment to ethical practice and serving as an example to all.

## Respect

Recognizing and valuing diversity, being responsive to personal recovery needs and treating all people as unique individuals deserving of the best care.

## Excellence

Using our knowledge and experience to deliver the highest quality services and seek out opportunities to improve and excel.

## Compassion

Inspiring hope through our belief in the fundamental value of every human being, their resilience and ability to change.





# Board

- Chairman**  
Philip Grandmont
- Vice-Chair**  
Grant Nash  
To August 2019
- Secretary**  
David Roberts
- Treasurer**  
Bruce Carney
- Executive Director (ex-officio)**  
Lisa Cowan

- Member**  
Ken Deptuck
- Member**  
Brian Paterson
- Member**  
Veronica Gagnon
- Member**  
Bill Dietterle
- Member**  
Mintie Grienke
- Member**  
Parker Fillmore
- Member**  
Carol Koscielny

- Member**  
Wendy Volek  
To April 2019
- Member**  
Lucille Lavoie  
To August 2019
- Member**  
Vanessa Cook  
From April 2019
- Member**  
Trudy Lavallee  
From May 2019
- Member**  
Tobia Neufeld  
From August 2019

# Staff

- Executive Director**  
Lisa Cowan
- Clinical Supervisor**  
Joanne Riedle
- Operations Manager**  
Sherry Gable
- Aftercare Facilitator**  
Rachael Carfrae

- Addictions Counsellor**  
Peter Keating
- Addictions Counsellor**  
Kathleen O'Meara
- Intake and RCW Coordinator**  
Dawn Kirkpatrick

- Daytime Residential Care Worker**  
Karen Gutwein
- Residential Care Workers**  
Charmaine Yurechuk  
Richard Randell  
Melissa Adams  
Emma Peck  
Darroll Kovalsky

# ABOUT TAMARACK

Tamarack Recovery Centre Inc. (Tamarack) is a non-profit 12-bed co-ed recovery treatment centre providing residential, abstinence-based addictions treatment and recovery services in Winnipeg. Since incorporating in 1975, Tamarack has provided thousands of Manitobans with flexible, client-driven, community-based treatment and support. With the highest level of accreditation from Accreditation Canada, we maintain exemplary standards of safety, excellence and professionalism in addictions treatment.

## WELCOMING, SAFE ENVIRONMENT

Tamarack strives to create a safe space for everyone. We want all our clients, visitors and staff to feel welcome here, irrespective of religious beliefs, culture, race, gender, and sexual orientation. We strive to uphold our values of compassion and respect and aim to create a family-like atmosphere where everyone feels accepted, supported and able to express who they are.

[Watch Pre-Treatment Video](#)

## LONGER TERM, ACCESSIBLE TREATMENT

Tamarack offers a 60-78 day residential treatment program for individuals wishing to achieve sobriety from substance addictions, such as alcohol and drugs, as well as behavioural addictions such as gambling. Our unique, longer-term program provides clients with opportunities to address and heal from trauma as well as build recovery and living skills using evidenced-based approaches to treatment. Our non-profit model is intentionally designed around a low-cost fee structure and we utilize a Client Subsidy Fund resourced by private philanthropy to ensure that no one is turned away simply because they cannot afford treatment.

[Watch Comprehensive Treatment Video](#)

## UNLIMITED POST-TREATMENT SUPPORT

After treatment, we provide all of our graduates with unlimited no-cost aftercare support through a dedicated program that focuses on lifestyle management to maintain long-term recovery – an innovative and widely-used program component that sets Tamarack apart from other facilities that restrict aftercare involvement. Recognizing that supportive transitional housing is a significant need for many of our graduating clients, we recently purchased a family-style home in our neighbourhood with a grant from The Winnipeg Foundation to provide a next-step housing option for clients who wish to develop greater independence and grow in recovery while continuing to live in safe, supervised sober housing.

[Watch Aftercare Video](#)

[Watch Transitional Housing Video](#)

## SUCCESS RATES SURPASSING INDUSTRY NORMS

Our impact data and client feedback tell us that Tamarack's services are life-changing – and potentially life-saving – for Manitobans experiencing addictions. Many of our clients sustain long-term recovery from their addiction to alcohol and gambling and go on to become strong contributing members of society: since 2013, the centre has an average completion rate of 85%, far exceeding the industry average of 44% for long-term residential addictions treatment, and graduates of Tamarack report post-treatment sobriety rates well above national norms.



## CLIENT SNAPSHOT

During 2019/2020 we helped:

60

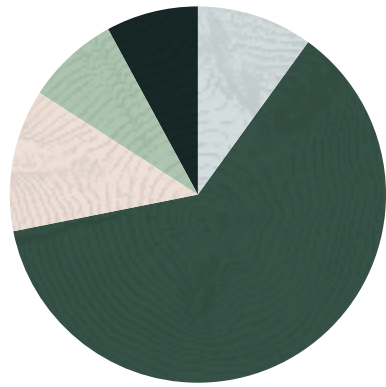
Clients:  
30 Males and  
30 Females

10

Were carry overs  
from the previous year

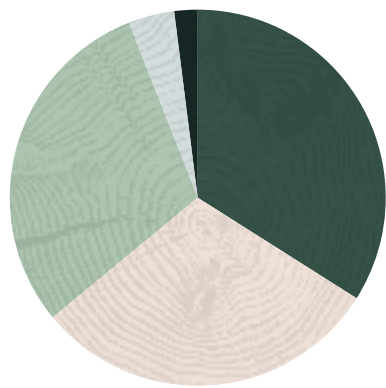
5

Will complete in  
2020/2021 (if they  
choose to come back)



**AGE OF CLIENTS**

- 18-24 10%
- 25-34 62%
- 35-44 12%
- 45-54 8%
- 55-64 8%



**ADDICTION REPORTED**

- Methamphetamines 34%
- Cocaine or Crack 30%
- Alcohol 30%
- Tylenol, Codeine 4%
- Marijuana 2%

**REVENUE SOURCES AND FUNDING BREAKDOWN 2019-20**

The Province of Manitoba – Service Purchase Agreement 45%

Self/Third Party Paid Per Diems 29%

Corrections Service Canada (CSC) Paid Per Diems 14%

Grants/ Fundraising 9%

Capital Assets 2%

Employment and Income Assistance (EIA) Paid Per Diems 1%

**HOW CLIENTS HEAR ABOUT US**

Clients cite Tamarack’s website; word of mouth and Google reviews as their main sources of information about Tamarack.

**WHY CLIENTS CHOOSE TAMARACK**

The top reason clients cite for **choosing Tamarack over other facilities** is the fact that the program was recommended by someone they trust. Other reasons for choosing Tamarack include program duration and the extended, no-cost Aftercare services.

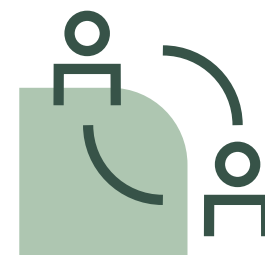
“Tamarack gave me the support, knowledge and tools I needed to successfully recover from my active addiction ... 6 years later and active recovery is now my way of life and I wouldn’t have it any other way!”

—GRADUATE



# Client Program Feedback Stats

These are Tamarack’s best results yet, validating both our program’s effectiveness and responsiveness, along with the hard work of our team and the consistency of our facilitators, counsellors and care workers. Every one of our staff has been able to build further confidence and familiarity in their role throughout the year, helped by the presence and support of a Residential Care Worker (RCW) coach and a clinical team supervisor.



## 90%

**“very satisfied” Ranking With:**

- Quality of Treatment
- Counsellors
- Morning Workshops
- Afternoon Workshops
- RCWs



**“Very satisfied” Ranking by Program Area Increase**

- Intake
- House Rules
- Meals
- Morning Groups
- Afternoon Groups
- DBT
- AA Groups
- Counsellors
- RCWs
- Resources
- Safety
- Cleanliness
- Quality of Treatment
- Overall Management



**“Very satisfied” Ranking by Program Area Decrease**

- Support after Business Hours (by 3%)
- Respect for my beliefs (by 1%)

**CHECKING IN ON  
DBT AND 12 STEPS**

DBT continues to be well-received and clients consider they will use the knowledge and skills after treatment (it increased by 1%). The clients response to the 12 Step groups has become more positive over this year. This is likely because of the consistent facilitator and the weekly AA graduate led group held on-site.

**DBT**

**98%**

**of clients find DBT skills helpful or extremely helpful both in and after treatment.**

**12 STEPS**

**82%**

**of clients find learning about 12 steps helpful or extremely helpful both in and after treatment**



“These are the tools I was lacking pre Tamarack. They will stand me in good stead personally and professionally for the rest of my life.”

—GRADUATE

“Shattered all preconceived ideas as to what was needed of myself.”

—GRADUATE

“I loved the workshops. The facilitators did very well at making sure the information was understood.”

—GRADUATE

“It was a way to ease my way into going to meetings and finding truth to it.”

—GRADUATE

**RECOVERY  
PLANS**



Our recovery plans which were newly launched at the end of 2018 and which we monitored throughout this year as part of our quality improvement plan:

**98%**

Say “helpful during and after treatment”

**78%**

Say “plan to review one to three times week”



“I learned things about myself and was able to connect many dots while reading and writing things out on paper.”

—GRADUATE

“[The Recovery Plan Workbook] really helped me figure out who I am and what my values are to help me determine next steps in a sober life and helped me figure out my personal triggers and signs of relapse.”

—GRADUATE

“It is going to be very helpful to have something to look back to constantly remind myself where I was, and what I have to continue to do in order to stay in recovery.”

—GRADUATE

**FOLLOWING UP  
WITH OUR GRADUATES**

In an industry where measuring success can not only be challenging but hard to define, we have endeavored to follow our clients after graduation through Tamarack's comprehensive Aftercare supports and formal and informal surveys. We've learned that Tamarack's clients:

- **Build hopeful, productive and thriving lives.** Of the clients who graduated two or more years ago<sup>1</sup>, **90%** "completely agree" that they have a sense of hope for the future; **90%** "completely agree" that they are healthier; and **95%** "completely agree" that they can achieve new goals (e.g. education, employment).
- **Achieve above-average sobriety rates.** In three annual surveys, **89%** of

graduates who responded were sober and **46%** were continuously sober since completing treatment (ranging from three months to **over 10 years**). Statistics such as this are rare. A continuous sobriety rate of 10% is often quoted as the norm, in contrast to Tamarack's rate of nearly 50%. Where the average completion rate for a residential treatment program is 44%, Tamarack's is **85%**.

<sup>1</sup> Client two-year follow-up survey, capturing data from clients two years or more post-graduation.



FOR THE 7<sup>TH</sup> YEAR RUNNING  
**100%**  
OF CLIENTS RECOMMEND TAMARACK

"As soon as I entered the building and met with the staff they made me feel comfortable and safe."

—GRADUATE

"Every one of the counsellors here went above and beyond what I'd ever expected anyone to do for me. I can't ever say enough of how grateful, and thankful I am to have had, and will continue to have them in my life."

—GRADUATE

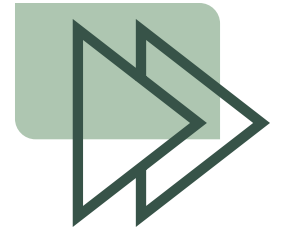
"They were more than helpful, they all have experience in different areas, giving different advice and perspectives and are all so kind and loving."

—GRADUATE





# Aftercare in Detail



Tamarack has often been called “a home away from home,” “the family I should have grown up in” and “my safe place.” Tamarack takes pride in creating an environment where our clients not only feel safe and have their needs met, but feel welcomed, cared for and part of something bigger. For many clients this means they feel like they are part of a healthy family.

This culture extends into the staff team and is maintained by both clients and staff so that newcomers very quickly feel at ease and welcomed: “From the moment you arrive, you are treated with dignity and respect and made to feel welcome”; “I was nervous the first day I arrived but the staff and clients were all very welcoming and made me feel comfortable”; “As soon I walked through the doors I immediately felt safe.”

In our aftercare program, we seek to extend this culture of caring, support and respect through wrap-around responsive, client-driven programming. Services are offered free of charge to clients with no limit on time frame and include ongoing counselling, twice weekly aftercare support groups, and the opportunity to drop in any time to be in Tamarack’s safe, supportive environment.

We have found that these supports coupled with the sense of community that is created, directly translates in a higher sobriety rate<sup>1</sup>. This in turn positively impacts clients’ capacity to return to work, raise their families and be contributing, positive members of their community, with the likelihood of relapse greatly reduced.

In the four and a half years since we established a database to track Aftercare service hours, Tamarack has provided nearly 7000 hours of Aftercare services, 850 hours of which were scheduled sessions with our counsellors and more than 1900 where clients who popped in to visit Tamarack, to let us know how they are, to stay connected, and to feel safe.

<sup>2</sup> In aftercare surveys those clients who are actively involved in a number of support groups and activities including Tamarack’s aftercare program, have the highest rates of sobriety.



## Governance Highlights

Driven by a desire to create more diversity within its board of directors so that membership more closely represents the community that Tamarack works with, Tamarack has actively recruited new board members during the year. Tamarack's board is split 50/50 women and men and the three newest members offer a diverse and valuable mix of skills around Indigenous knowledge, management, fundraising and community involvement.

"Delicious, healthy meals. Gave a great sense of teamwork and appreciation of each other."

—GRADUATE

"[RCW's were] very awesome and all are very empathetic and understanding."

—GRADUATE

**"Today, I have a job that allows me to build and create, while empowering other women. I can share my hope and strength, and in turn watch them grow. I am able to forgive, be patient, and take responsibility for my part in my relationships with others."**

—GRADUATE





# Transformational Gift from the Moffat Family Fund

**We received a catalytic three-year gift of 1.75 million dollars from the Moffat Family Fund at The Winnipeg Foundation, which is enabling us to:**

- Start a new Supportive Recovery House and pay operating costs and staffing in this vital additional facility for three years. We're building on the success of our current Aftercare Program by operating a transitional housing facility for Tamarack graduates who wish to develop greater independence and grow in recovery while continuing to live in safe, supervised sober housing.
- Support 20 clients a year in accessing funded treatment for three years (60 in total). We can now fully live out our values of respect, safety and compassion by being immediately responsive to client need and ensuring that no bed at Tamarack sits empty because an individual does not have the financial means to support their treatment.
- Develop our public relations, website and marketing. We are focused on growing public awareness about Tamarack's impactful services to ensure people in need of addictions treatment can reach us, and on combatting the stigma that surrounds addictions and addictions treatment services.

We are deeply grateful to the Winnipeg Foundation and the Moffat Family Fund for this transformational gift. It means that no one will be turned away from life-saving addictions treatment support at Tamarack simply because they do not have financial resources. It means that we can respond to client needs by providing tailored transitional housing support for individuals during the critical post-treatment period when they are early in their recovery. And it means that we will have the capacity to build greater awareness about Tamarack's services and to help combat the persistent stigma and misinformation surrounding addictions and treatment.

## **LAUNCH OF CLIENT SUBSIDY FUND & TAMARACK'S PRE-TREATMENT PROGRAM**

We want all clients to be set up to successfully complete our residential treatment program and gain access to the unlimited aftercare supports Tamarack offers — a service combination that has helped so many of our clients get sober and maintain long-term recovery. We launched the Client Subsidy fund in January 2020 and have started to support individuals through their treatment with these resources.

It is also important that we strategically manage our limited bed space and carefully steward the resources we have to offer subsidized treatment. We want to give clients the best start possible and offer them every opportunity to complete treatment by addressing any significant barriers before they enter the residential program. To that end, we developed a pre-treatment program which will roll out June 2020. This program is designed to meet the individualized pre-treatment needs of each client.

### **SUPPORTIVE RECOVERY HOUSE**

In January we purchased a nearby property at 54 Balmoral Street and begin the process of establishing a transitional home for graduate clients, allowing them the opportunity to stay in safe, affordable, supported housing for a year or more after graduation. This is the realization of Tamarack's long-held vision to deepen support for our graduates as they navigate life after treatment by providing an extended community of care through transitional housing. We are optimistic about the impact this soon-to-be-established home will have on our client's well-being and recovery journeys.

We held a community engagement meeting with our neighbours in February to share plans about the new house and answer questions about its development. The support and interest expressed by our neighbours was a meaningful reminder of why we so appreciate being in the West Broadway community. On March 30, we took possession and are now actively working alongside the City of Winnipeg to get zoning and building permits in place

and conduct essential upgrades and modifications so we can open later in 2020. We have a waiting list of clients ready to move in when we open.

Tamarack also submitted a proposal to Shared Health Manitoba in response to their Request For Proposals (RFP) to provide Supportive Recovery Housing. We were successful and funds will be used to offset accepted, initial capital costs as well as ongoing operations costs for at least the next two years. This investment by Manitoba is a vote of confidence in our current and future programming and it is a demonstrable commitment to provide much-needed support to the clients we serve. Over the course of the upcoming year, we will work with the City of Winnipeg and Manitoba government to advance the development of the transitional house. We plan to have renovations complete and residents moving in before the year is out.

### **COMMUNICATIONS & MARKETING**

We worked with Relish Branding this year to build our online presence and image. During this time we successfully created and ran Facebook and Google online ads; posted regular social media content; launched an exterior transit ad campaign and built a new landing page to host a newly created informational video about our centre featuring staff, clients graduates and family members. In the upcoming year we will complete and launch our new website with additional informational videos and content from staff and clients. This will be accompanied by new branded material, ongoing engagement with social media and advertising, awareness and fundraising campaigns.



# Our Supporters

This was Tamarack's most significant year in terms of fundraising, donations and program investment. In addition to the generous grant funding from The Winnipeg Foundation and the Moffat Family Fund, these donations directly support individuals who may not otherwise be able to afford the full cost of treatment:

- **Bruce Oake Foundation:** Our strong working relationship with the Bruce Oake Foundation resulted in four women receiving partial funding for their treatment.
- **Mayor Brian Bowman's Office** gave Tamarack a Civic Initiative Grant in support of Tamarack Recovery Centre's "Client Subsidy Fund" to assist individuals who could not otherwise afford addiction treatment.
- **Giving Tuesday:** We ran our first Giving Tuesday campaign on December 3rd through Canada Helps, encouraging Tamarack friends and supporters to donate to Tamarack. We set a challenge to supporters that if we received 50 donations on that day of any amount it would 'unlock' the \$8000 donation from our board, with all funds going towards helping clients access treatment. We were delighted to find that by the end of the day we had reached our goal of over 50 donations and a grand total of over \$15,000 was raised.
- **Private Donors** through our online platform and donor fund management foundations: \$6500 towards the Client Subsidy Fund and operational costs.
- **Friends of Tamarack and Graduate donations** throughout the year: A number of friends and graduates independently chose to run Facebook/PayPal giving campaigns in honour of their birthdays or a loved one and these raised over \$1000.
- **Donations in memory:** Sadly, one our graduates passed away this year. He had asked that friends and family make donations to Tamarack in his memory. Tamarack received over \$2500 in donations.

“Since graduating over a year ago I have stayed close to Tamarack, to family, friends and my meetings. I am proud of my accomplishments, the biggest of them being sobriety. Life for me is joyous and free now.”

—GRADUATE



# More News and Updates about the Past Year

## ESSENTIAL REPAIRS, RENOVATIONS AND FACILITY UPGRADES

This year we completed considerable repair and renovations on the property beginning with essential work on the interior and exterior plumbing in April. In summer we embarked on a long-awaited kitchen renovation which wrapped up in early fall. Following completion of that project we were able to undertake the majority of a porch construction project.

## IMAGINE CANADA ACCREDITATION

We undertook considerable work on the accreditation process for Imagine Canada over course of this year and are taking final steps to become accredited this upcoming year. Imagine Canada is an independent charitable organization that 'works to strengthen Canadian charities and non-profits so they can better serve individuals and communities both here and around the world'. Their accreditation program helps organizations 'demonstrate excellence and leadership in five key areas of operation: board governance; financial accountability and transparency; fundraising; staff management and volunteer involvement'.

## STUDENT INTERNSHIP

Tamarack takes pride in contributing to the wider community through offering practicum placement opportunities and clinical supervision to Master's level students who are training to become addictions counsellors. This year Tamarack hosted a student from Yorkville University who completed her practicum for a Counselling Psychology Master's degree and attained registration as a certified counsellor through CCPA (Canadian Counselling and Psychotherapy Association).

# COVID-19 Challenges

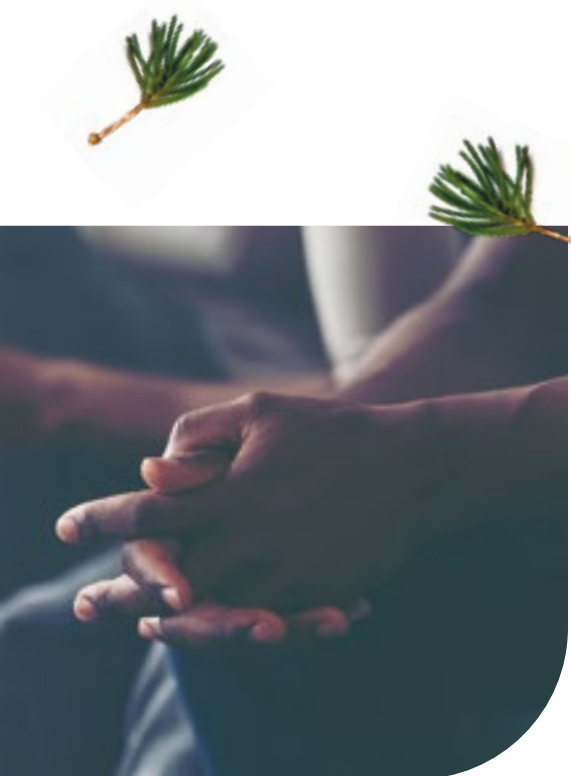


On March 20th in response to our concern for client safety and to comply with government guidelines, we made the decision to temporarily close our doors. This was a tough decision, given that the worldwide pandemic has added to anxiety and isolation and has compounded the challenges for people who are trying to overcome their addiction.

In the wake of the pandemic and driven by a desire to continue to meet the needs of our clients and support Manitobans struggling with addiction, Tamarack responded by offering an Addictions Counselling Phone Service, a non-crisis support service providing individuals with no cost, individualized counselling sessions from our addictions counsellors. This resource was open to every Manitoban seeking addictions support and resources, or who might be finding it hard to stay sober.

The phone line proved to be a critical service through this time. In the first month it was offered (as the 2019-20 year wrapped up), Tamarack counsellors provided more than 30 hours of counselling, including daily check-ins with callers experiencing addictions.

Because we temporarily paused residential treatment operations in response to the Covid-19 crisis, we were able to resource this phone service with counselling hours that would otherwise have been directed to in-house clients. In mid-June 2020, we re-opened the facility and placed the phone line on hold until we can leverage additional supports to relaunch this service in future.



# Independent Auditor's Report

AUDIT FOR THE YEAR ENDED MARCH 31, 2020

July 6, 2020

Tamarack Rehab Inc.  
T/A Tamarack Recovery Centre  
60 Balmoral Street  
Winnipeg MB R3C 1X4

**ATTENTION: BOARD MEMBERS**

Dear Board Members:

**RE: AUDIT FOR THE YEAR ENDED MARCH 31, 2020**

We have completed our audit of the March 31, 2020, financial statements for Tamarack Rehab Inc. T/A Tamarack Recovery Centre and are pleased to provide the following report.

The objective of our audit was to obtain reasonable assurance that the financial statements were free of material misstatement: our audit was not designed for the purpose of identifying matters to communicate. Accordingly, our audit would not usually identify all such matters that may be of interest to you and it is inappropriate to conclude that no such matters exist.

During the course of our audit of Tamarack Rehab Inc. T/A Tamarack Recovery Centre for the year ended March 31, 2020, we did not identify any of the following matters: misstatements; fraud; misstatements that may cause future financial statements to be materially misstated; illegal or possible illegal acts; or significant weakness in internal control.

This communication is prepared solely for the information of management and is not intended for any other purpose. We accept no responsibility to a third party who uses this communication.

We would like to thank you for allowing us the opportunity to serve you and wish you continued success in the future. Should you have any questions regarding this year's audit or any other financial matters do not hesitate to contact our office.

Sincerely,

**THORNTON & CO.**



Todd Thornton, CPA, CGA, CAFM  
TT/dl

TAMARACK REHAB INC./A TAMARACK RECOVERY CENTRE

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Year Ended March 31, 2020

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# Financial Statements

YEAR ENDED MARCH 31, 2020

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**INDEPENDENT AUDITOR'S REPORT**

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To the Members of TAMARACK REHAB INC./T/A TAMARACK RECOVERY CENTRE

*Opinion*

We have audited the financial statements of TAMARACK REHAB INC./T/A TAMARACK RECOVERY CENTRE (the Company), which comprise the statement of financial position as at March 31, 2020, and the statements of revenues and expenditures, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Company as at March 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

*Basis for Opinion*

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Company in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

*Responsibilities of Management and Those Charged with Governance for the Financial Statements*

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Company's financial reporting

(continues)

Independent Auditor's Report to the Members of TAMARACK REHAB INC./T/A TAMARACK RECOVERY CENTRE (continued)

process.

*Auditor's Responsibilities for the Audit of the Financial Statements*

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, MB  
June 15, 2020

CHARTERED PROFESSIONAL ACCOUNTANTS

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Statement of Financial Position

March 31, 2020

	2020	2019
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 621,461	\$ 277,350
Accounts receivable	45,306	19,447
Goods and services tax recoverable	4,578	1,791
Prepaid expenses	1,195	3,575
	<u>672,540</u>	<u>302,163</u>
TANGIBLE CAPITAL ASSETS (Note 3)	<u>840,550</u>	<u>207,858</u>
	<u>\$ 1,513,090</u>	<u>\$ 510,021</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 5,859	\$ 9,282
Wages payable	41,636	37,473
Deferred income	497,010	22,159
	<u>544,505</u>	<u>68,914</u>
LONG TERM DEBT (Note 4)	<u>350,000</u>	<u>-</u>
DEFERRED CONTRIBUTIONS REALTED TO CAPITAL ASSETS	<u>183,267</u>	<u>-</u>
	<u>1,077,772</u>	<u>68,914</u>
<b>NET ASSETS</b>	<u>435,318</u>	<u>441,107</u>
	<u>\$ 1,513,090</u>	<u>\$ 510,021</u>

ON BEHALF OF THE BOARD

\_\_\_\_\_  
Director

\_\_\_\_\_  
Director

See notes to financial statements

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Statement of Revenues and Expenditures

Year Ended March 31, 2020

	Budget 2020	Total 2020	Total 2019
<b>REVENUES</b>			
Manitoba Health	\$ 328,100	\$ 328,100	\$ 328,100
Federal Government	120,000	104,471	126,702
Self Referrals	128,000	121,800	129,489
Third party funded treatment	55,000	88,425	77,407
Social Services	10,340	8,412	12,975
Other Grants	62,158	25,427	16,304
Fundraising	27,000	26,008	6,488
Other Income	500	16,924	1,046
Deferred contributions related to capital assets	-	11,735	-
	<u>731,098</u>	<u>731,302</u>	<u>698,511</u>
<b>EXPENSES</b>			
Advertising and promotion	20,713	22,122	1,832
Amortization	-	20,363	7,774
Building Repairs	60,000	27,564	16,839
Delivery, freight and express	-	-	15
Employee benefits	36,622	35,882	34,785
Equipment and Furniture	12,000	23,846	11,350
Food	42,000	41,261	38,291
Fundraising	-	476	-
House Effects	1,500	2,782	1,386
Insurance	15,083	17,885	13,824
Interest and bank charges	2,500	3,207	2,220
Janitorial Supplies	4,500	5,900	4,905
Miscellaneous	500	595	396
Office	10,100	10,685	22,912
Professional Fees - Program	1,000	-	7,655
Professional fees	3,800	4,229	3,729
Property taxes	3,500	3,530	3,496
Repairs and maintenance	4,000	7,826	4,663
Research and development	500	288	288
Salaries and wages	496,831	481,079	476,810
Staff Development	5,000	5,079	1,113
Supplies	6,100	5,205	4,826
Telephone	5,000	5,271	4,999
Travel	150	186	102
Utilities	11,600	11,830	11,823
	<u>742,999</u>	<u>737,091</u>	<u>676,033</u>
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES</b>	<u>\$ (11,901)</u>	<u>\$ (5,789)</u>	<u>\$ 22,478</u>

See notes to financial statements

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Statement of Changes in Net Assets

Year Ended March 31, 2020

	Unrestricted Net Assets	Invested in Capital Assets	2020	2019
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ 233,250	\$ 207,857	\$ 441,107	\$ 418,629
Deficiency of revenues over expenses	2,839	(8,628)	(5,789)	22,478
Invested in Capital Assets	(108,054)	108,054	-	-
<b>NET ASSETS - END OF YEAR</b>	\$ 128,035	\$ 307,283	\$ 435,318	\$ 441,107

See notes to financial statements

Thornton & Co.

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE

Statement of Cash Flows

Year Ended March 31, 2020

	2020	2019
<b>OPERATING ACTIVITIES</b>		
Excess (deficiency) of revenues over expenses	\$ (5,789)	\$ 22,478
Item not affecting cash:		
Amortization of tangible capital assets	20,363	7,774
	<u>14,574</u>	<u>30,252</u>
Changes in non-cash working capital:		
Accounts receivable	(25,859)	7,907
Accounts payable	(3,422)	1,744
Deferred income	474,851	22,159
Prepaid expenses	2,380	195
Goods and services tax payable	(2,787)	(612)
Wages payable	4,163	30,437
	<u>449,326</u>	<u>61,830</u>
Cash flow from operating activities	<u>463,900</u>	<u>92,082</u>
<b>INVESTING ACTIVITY</b>		
Purchase of tangible capital assets	(653,056)	-
Cash flow from (used by) investing activity	<u>(653,056)</u>	<u>-</u>
<b>FINANCING ACTIVITIES</b>		
Mortgages payable - long term #1	350,000	-
Deferred Contributions Realted to Capital Assets	183,267	-
Cash flow from financing activities	<u>533,267</u>	<u>-</u>
<b>INCREASE IN CASH FLOW</b>	<u>344,111</u>	<u>92,082</u>
Cash - beginning of year	<u>277,350</u>	<u>185,268</u>
<b>CASH - END OF YEAR</b>	<u>\$ 621,461</u>	<u>\$ 277,350</u>

See notes to financial statements

Thornton & Co.

**TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE**

**Notes to Financial Statements**

**Year Ended March 31, 2020**

1. DESCRIPTION OF OPERATIONS

Tamarack Recovery Centre is a residential treatment facility for individuals with chemical and alcohol dependencies and other drug abuse problems, which facilitates independent living and lifestyle change. Tamarack Recovery Centre is incorporated under the Manitoba Corporations Act as a non-profit organization and is a registered charity under the Income Tax Act (Canada).

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFP). Canadian accounting standards for not-for-profit organizations are part of Canadian GAAP.

Revenue recognition

TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE follows the deferral method of accounting for contributions.

Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Endowment contributions are recognized as direct increases in net assets.

Restricted investment income is recognized as revenue in the year in which the related expenses are incurred. Unrestricted investment income is recognized as revenue when earned.

Seminar fees are recognized as revenue when the seminars are held.

Tangible capital assets

Tangible capital assets are stated at cost less accumulated amortization. Tangible capital assets are amortized over their estimated useful lives at the following rates and methods:

Buildings	4%	declining balance method
Computer equipment	33%	declining balance method
Computer software	50%	declining balance method
Other machinery and equipment	20%	declining balance method
Furniture and fixtures	10%	declining balance method
Appliances	10%	declining balance method

**TAMARACK REHAB INC.T/A TAMARACK RECOVERY CENTRE**

**Notes to Financial Statements**

**Year Ended March 31, 2020**

3. TANGIBLE CAPITAL ASSETS

	Cost	Accumulated amortization	2020 Net book value	2019 Net book value
Land	\$ 42,836	\$ -	\$ 42,836	\$ 42,836
Buildings	871,766	87,144	784,622	150,653
Equipment	53,738	44,420	9,318	9,964
Computer equipment	31,660	31,113	547	817
Computer software	1,957	1,950	7	10
Appliances	21,109	17,889	3,220	3,578
	<u>\$ 1,023,066</u>	<u>\$ 182,516</u>	<u>\$ 840,550</u>	<u>\$ 207,858</u>

4. LONG TERM DEBT

	2020	2019
Belgian-Alliance Credit Union loan bearing interest at 3.99% per annum,. The loan was secured by building at 54 Balmoral Street.	\$ 350,000	\$ -
Amounts payable within one year	-	-
	<u>\$ 350,000</u>	<u>\$ -</u>

5. ECONOMIC DEPENDENCE

The operations of Tamarack Rehab Inc. T/A Tamarack Recovery Centre are economically dependent on the ongoing financial support of Manitoba Health, contracts and per diems.

6. SUBSEQUENT EVENTS

The following events occurred subsequent to the fiscal year end:

COVID 19 World Wide Pandemic

In March 2020, the World Health Organization declared a global pandemic due to the novel coronavirus (COVID-19). The organization in the current fiscal year was not financially affected by the pandemic.

As of June 15, 2020 the organization is aware of changes in its operations as a result of the COVID-19 crisis including closure of its programming until the easing of restrictions occurs , when it will re-open at reduced capacity.

Management is closely monitoring the situation and already estimates that it will result, among other things , in the loss of at least \$100,000 in programming revenue. The overall effect of these events on the organization and its operations is too uncertain to be estimated at this time. The impacts will be accounted for when they are known and may be assessed. Management does not believe any adjustment to the current financial statements is necessary.



**TAMARACK**  
RECOVERY CENTRE

[TamarackRehab.org](http://TamarackRehab.org)