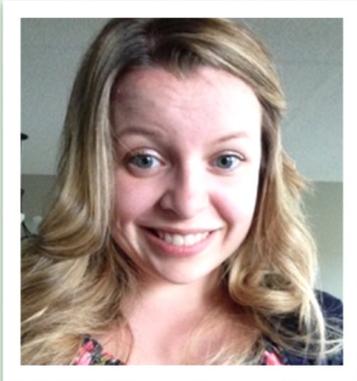


Meet Our Team



Megan Ferguson—Residential Care Worker

Hi, I'm Megan and I work as a Residential Care Worker (RCW) at Tamarack. I was not always a Tamarack employee, however, as I initially began as a volunteer three years ago. I'd heard about Tamarack from one of my teachers and it seemed like a great fit because I wanted to become a social worker and gain more experience working with people in an environment that challenged me and stretched me out of my comfort zone. After two years of volunteering regularly, I decided to expand my learning further by taking on an RCW position.

The Tamarack team has been so supportive throughout my involvement with the organization—both as a volunteer and employee. It has also contributed to and diversified my social work education and provided me with multiple training opportunities such as Non-violent Crisis Intervention Skills, First Aid, the AFM Fundamentals of Addiction Course and Dialectical Behaviour Therapy.

My typical day at Tamarack includes tasks to keep the house running smoothly including administration, cleaning, restocking supplies and making lunch for the next day. I also have opportunities to interact with the clients, which I really enjoy.



Peter Keating—Counsellor

Hi I'm Pete and I work as an addiction counsellor at Tamarack.

I absolutely love this job as I find myself challenged in so many ways. I am particularly grateful to have an opportunity to be surrounded by a team of professionals who care deeply about the work they do and each other.

A typical day for me starts out with an informal check in with the clients on my way to the 9am team meeting. I may run a workshop in the morning or make contact with an aftercare client. Keeping up to date with clinical notes and current addiction research usually has me feeling on top of my game.



Joanne Riedle - Forward in Recovery (FIR) Program Coordinator and Aftercare Counsellor

Hi, I'm Joanne, Tamarack's Forward In Recovery (FIR) Program Coordinator and Aftercare Counsellor. On a typical day you'll find me talking to graduate clients, and at times, their families. I also chat with current in-house clients to begin making the connections that will encourage them to get involved with aftercare when they complete the program. I'm involved in daily staff meetings too where I exchange ideas and provide updates to the other members of the Tamarack team.

In a nutshell, my work is centered on life outside of treatment and whatever that means for graduates and their families, so the rest of my day sees me dividing my time amongst a combination of one on one sessions with FIR clients, connecting graduates with community supports, developing educational pieces to present in our FIR Family program, and facilitating in house groups on the benefits of Aftercare services. You might even see me at the bowling alley, on an outing with the FIR clients!



Kelsey Lloyd - Case Manager

Hi, I'm Kelsey and I'm Tamarack's Case Manager. I also introduce Dialectical Behavior Therapy (DBT) skills to our clients during their first week at Tamarack and on evenings and weekends you'll find me working as a Residential Care Worker (RCW). In addition to being a Tamarack employee, I'm proud to say that I am a Tamarack Graduate.

A typical day at Tamarack for me varies depending on what role I'm in. As Case Manager, I assist our clients in different life areas, including housing, job search, resume building, parenting supports, as well as providing an introduction to Dialectical Behavior Therapy (DBT). I have personal experience using DBT skills. I've seen how effectively they work in my own life and I am now able to pass them on to our clients. When I'm in the role of a Residential Care Worker, my main duties are supporting the clients with any issues they may be dealing with and maintain the safety and security of our clients and Tamarack.



Rachel Carfrae - Residential Care Worker and Aftercare Facilitator

Hi, I'm Rachel, and I work as a Residential Care Worker at Tamarack.

I typically work one evening shift a week, as I also have a full time job, three children and am taking counselling training.

Along with regular day-to-day chores, my number one role at Tamarack, much like a parent, is to help keep our clients feeling safe and secure, physically and emotionally, so that they have the security and space to concentrate on themselves and their healing.



Sherry Gable - Intake Counsellor and Finance Manager

Hi, I'm Sherry Gable, Tamarack's Intake Counsellor and Finance Manager.

A typical day at Tamarack for me starts at 7am with me putting on my "Finance Manager" hat and devoting my first hour and a half of work while the house is quiet to bill paying, invoicing and banking.

Once the clients are up and about, I usually turn my attention to checking in with them to see how their previous evening was and what their day looks like.

After the morning meeting with the clinical team, I put on my "Intake Counsellor" hat and return calls and e-mails that have come in from the past evening.

The remaining part of my day is spent interacting with potential clients and their families, connecting with community resources regarding referrals and support services and checking in with the Tamarack team later in the day to hear how things are going in the house.



Kyle Goertzen—Residential Care Worker

Hi, I'm Kyle Goertzen and I am one of Tamarack's Residential Care Workers.

A typical shift at Tamarack will involve me conversing with clients, staff, visitors and graduates, as well as taking calls from people inquiring about our program.

I enjoy cooking and have the opportunity to help prepare healthy meals as one of my tasks in an evening shift.

Making sure that the house and clients are safe and well is my main priority and part of this involves providing support and direction to the clients after hours. This comes naturally to me as I am in recovery myself and I understand where our clients have been, where they are now, and what they are trying to achieve.